

GEORGIA

HOLIDAY HUSTLE





November 29 – December 19

All city employees are welcome to participate

All employees must be on a team to participate in the challenge

HUSTLE AWARDS

Team Prizes

1st place team prize:

Bragging Rights! and a \$50 gift card per team member 2nd place team prize:

\$25 gift card per team member

3rd place team prize:

City of Sandy Springs water bottle

Individual Prizes

- \$25 gift card drawing (2) among all participants who average 5,000 steps every day during the challenge
- \$50 gift card drawing (2) among all participants who average 10,000 steps every day during the challenge

For questions contact Jeanne McDaniel jeanne.mcdaniel@relationinsurance.com or 404-725-7101



Challenge Instructions

1. To participate, click here-<u>Holiday Hustle Challenge</u> OR scan the QR code. Follow the instructions for registration if you are a new user, or simply log in if you already have a ChallengeRunner account.



- 2. Once registered, click the green *Team* button and either create or choose a team.

 Teams must have 10 people per team and include people from at least 2 departments (i.e. Police & HR)
- 3. Sync your device following the instructions under the Description button on ChallengeRunner. (Manual entries will not be allowed so you must sync a wearable device or your smart phone as a tracking device.)
- 4. Be sure to open your tracking device app EVERY SINGLE DAY to allow it to sync with the ChallengeRunner app.
- 5. Download the ChallengeRunner app on your phone to make viewing and syncing easier.
- 6. The Step Challenge ends on Monday, December 19 at midnight.
- 7. You may sync steps in ChallengeRunner until Tuesday, December 20 at midnight.

BONUS POINTS

- * Send a 2-minute video to Jeanne McDaniel via email showing 5 or more of your team members walking together.
 - * Each team member who participates will earn 5,000 bonus steps. (Can only earn bonus points one time.)